

long (45 minute sessions include set-up and take-off), accompanied by 15 minutes of stimulation, heat or ice packs and manipulation. The patient comes for 20-30 visits over a 4-6 week period. The doctor will provide a complete copy of the Spinal decompression treatment protocol upon request.

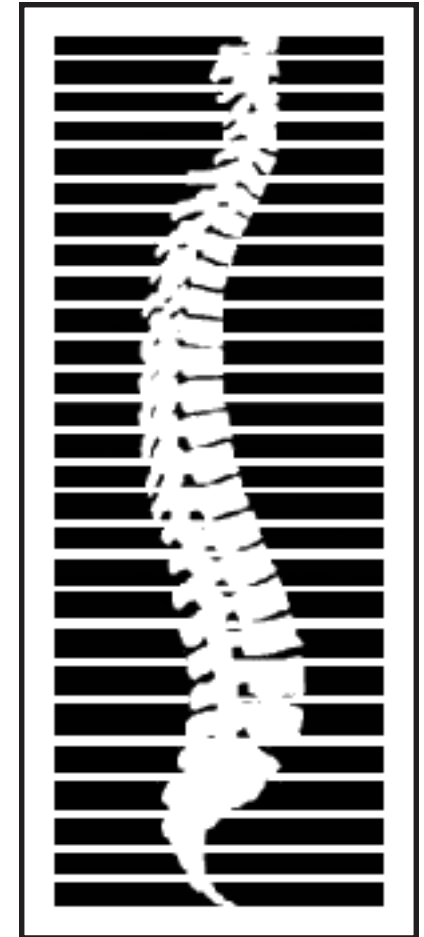
How Long Before a Patient Experiences Change?

Often times a patient experiences some relief within the first few (3-7) treatments. Usually by the 12th to 15th treatment all patients have reported some remission of symptoms. Patients not showing significant improvement by the 15th to 18th session may be referred for further diagnostic evaluation.

Does Compression Therapy Work for Everyone?

Eighty-to-ninety percent of patients who have been properly selected and comply with the Spinal Disc Decompression protocol will have good-to-excellent outcomes. Patient's conditions that do not respond quickly to the therapy are often unable to be helped by anything quickly. Patients vary in age, sex and body morphology and may require counseling in weight loss, nutrition and other lifestyle changes.

SPINAL DECOMPRESSION



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Why Spinal Disc Decompression Works:

This FDA approved technology relieves pain by enlarging the space between the discs. The negative pressure of decompression releases pressure that builds on to the disc and nerves, allowing the herniated and bulging disc to eventually go back into normal position. Decompression is the only treatment that is truly most effective for severe cases of herniation, degeneration, arthritis, stenosis and pressure on the nerve root. According to a clinical study performed by the Orthopedic Technological Review in 2004, said that 86% of all cases experienced spinal pain relief with disc decompression.

What Result Can I Expect?

Many patients with lower back syndromes may experience pain relief as early as the third treatment session. Comparison of pre-treatment MRI's with post-treatment MRI's has shown a 50% reduction in the size and extent of herniation. In clinical studies, 86% of patients reported relief of back pain with our system. Within the past five years, some private practice clinicians have reported success rates as high as 90%.

What Time Commitments Are Required by Patients?

Each treatment session averages 25 to 30 minutes in duration (research has established that optimum results are achieved

with sessions that incorporate 10 to 15 decompression/relaxation cycles). On average, one daily session for 20-30 treatments is necessary for patient self-healing to occur.

Herniated discs generally respond within 20 sessions, while patients with degenerated discs may need ongoing therapy at regulated intervals to remain pain free. Still other patients, due to lifestyle or occupation, may also require maintenance therapy. Patients with posterior facet syndromes may achieve complete remission with 10 or fewer sessions. Research has demonstrated that most patients achieve full remission from pain after the initial treatment regimen.

What is the Typical Diagnosis?

Since non-specific low back pain and cervical pain generally encompass a myriad of mechanical failures, including muscles, tendons, ligaments, and other soft tissue that encroach or produce pressure on the nerves, the term intervertebral disc syndrome can be used. This diagnosis does not necessarily require (although recommended) an MRI to confirm the presence of a disc involvement.

Who Can Benefit From Using Disc Decompression Therapy?

The following would be inclusion criteria for the Decompression Therapy (1) Pain

due to herniated and bulging lumbar discs that is more than four weeks old; (2) Recurrent pain from a failed back surgery that is more than six months old; (3) Persistent pain from degenerated discs not responding to four weeks of therapy; (4) Patients available for four weeks of treatment protocol; and (5) Patient at least 18 years of age.

These indications are ideal candidates for enrollment into our program and have the potential of achieving quality outcomes in the treatment of their back pain: (1) Nerve Compression; (2) Lumbar Disorders; (3) Lumbar Strains; (4) Sciatic Neuralgia; (5) Herniated Discs; (6) Injury of the Lumbar Nerve Root; (7) Degenerative Discs; (8) Spinal Arthritis; (9) Low Back Pain with or without Sciatica; (10) Degenerative Joint Disease; (11) Myofasciois Syndrome; (12) Disuse Atrophy; (13) Lumbar Instability; (14) Acute Low Back Pain; and (15) Post-Surgical Low Back Pain.

Lastly, the system should be utilized with patients with low back pain, with or without radiculopathy who have failed conventional therapy (physiotherapy and chiropractic) and who are considering surgery. Surgery should only be considered following a reasonable trial of Decompression therapy protocols.

How Long Is Each Session and What Is The Treatment Protocol?

Each session on the Decompression equipment is approximately 25-40 minutes